



**Book Now** for 10th May, 11:00am to 3:00pm



## Foraging Walk...

Meet at the Training Centre, Oak Hill Park, Accrington to then forage in Woodnook Vale before returning to prepare and eat what has been foraged.

Wear suitable clothing, sturdy (waterproof) footwear, and bring waterproofs plus a basket or canvas bag for collection and a knife or scissors. **\*Notify us of allergies and special dietary requirements in advance please.**

**\*BOOKING IN ADVANCE ESSENTIAL**

With Danielle Kay, Medical Herbalist

For more information and to book a place contact:

**Roger Plum**

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