Getting healthier too!...
Cycling to and from the shops is easy to fit into the 30 minutes a day government recommends.

Did you know Cycling?...
• Helps you young... Regular cyclists are fit any average person 10 miles a week.
• Burns calories instead of carbon... A cyclist’s emissions only half the emissions of a car.
• Gives you more of extra cash... Cycling keeps you money so you’re earning holiday cash.
• Almost no fuel cost... UK spends one pound in every three on fuel... Fewer cars means less roadwork to do.
• Cuts holidays... Kids love cycling, take the chocolates for your cyclist parents... Make a tour of old country walks with bike.
• Cycles to schools... Bike walk cycle routes are setting town booklets... It’s the perfect way.
• Cyclists college... Where cycling part of your course... Cycles to wind it the bus fare.

Mountain Biking
Roll on the Kings Highway to Haslingden, head to the Lower Bridge to Manor in to Haslingden...to Whalley Rossendale’s Robinsons Greenway (Route 60) is a great cycle trail for walkers.

Wheels for all...
There are Jacobs for everyone at the Wheels for All Centre. If you can ride a bike, you can follow the specially designed cycle path in Baxenden Playing Field.

Accrington Town Centre

Getting by bike
Welcome to the Lancashire Cycle Map. Lancashire has a growing network of off road cycle routes. With easy access routes and longer journeys in some rural areas.

Hyndburn Greenway (Route 6) is a part of national cycle route 5 which will eventually link Colne with Colne.

Ramsbottom Way in Great Harwood is named after a local man who was a top Tour de France cyclist in the 1960s.

It couldn’t be easier to get started
Riding a bike is a fun and healthy part of a healthy lifestyle. It is a healthy form of exercise. It is not only really good for you, it is also good for the environment.

Getting about by bike

Other Routes

Rotton to Blackburn

Find a bike for hire or take a bike on the bus. Have a look at Blackburn’s site www.cycle Blackburn.com

Carnivalway

Most of the cycle length in Hyndburn has been agreed to allow use by cyclists.

Hyndburn Greenway

All the cycle paths in Hyndburn will be the north side of Accrington and Blackburn.

Schools Links

The paths around the town centre are linked to Cranford’s Church of England High School linking Anglesey to Stockport.

Rotton Greenway

Built between Sport College and Vehicle Technology College are close to the Hyndburn Greenway.

Accrington to Rosemount College

The Ohio College route is a 1km cycle path along the canal to Rosemount College.

Discover Pendles Lancashire’s Heritage by bicycle
Pendles Lancashire’s growing network of off road cycle routes and old railways. With scenic views of the mountains and more

Blackburn Weavers Wheel

Find the Weavers Wheel and take a route around Blackburn taking in Mitre Park. The round is suitable for families and 2012.

What’s you bike type?

Mountain Biking

Here is a guide to your bike type and equipment. This will help you get the most from your ride.

Hyndburn Greenway

Choose a route from the Greenway Guide to suit the weather. The walkways are well maintained by the Lancashire County Council.

Accrington Cycling

Amend the map into the Greenway Guide to suit the weather. The walkways are well maintained by the Lancashire County Council.

Hyndburn’s great traffic free route links Blackburn, Accrington and Baxenden. It is part of Lancashire’s growing network of off-road cycle routes using old railways.

The Weavers Wheel is a new circular cycle route round Blackburn linking to Witton Park. This route should be fully open in 2017.

The route goes through Blackburn, past a new housing development and an Ashton. Cycle to Whitworth Hall, take a look at the moors.

Mountain Biking

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When sharing routes...

1. Cycle really past pedestrian, giving them plenty of space.
2. Stop at traffic lights, giving them plenty of space.
3. You are not allowed to cycle on cycle paths and in pavements, but not in corridors.
4. Try not to ride when passing hikers. It is always more when you give way.
5. When cycling with children, keep a close eye on them.
6. Dressed tourists follow the Manchester Cycle. Mates be sensible and be careful of traffic.

Further Information

For more information about Cycling in Lancashire www.visitlancashire.com/cycling-lancashire

Online Cycle Journey Planner An online cycle journey planner available from www.cycletrajects.net

www.lancashire.gov.uk

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